



"Back-to-School--It's Time to Sleep!" ***A Medical and Behavioral Approach to Sleep Disorders*** ***in School-age Children and Adolescents"***

Presenters & Program Objectives:

The Medical Approach..... Presented by Akinyemi O. Ajayi, MD

Attendees will be able to: 1. Describe how to take a sleep history 2. Differentiate the categories of sleep disorders 3. Summarize the different techniques for evaluation and management of sleep disorders

The Behavioral Approach:...Presentd by J. Christopher McGinnis, Ph.D., BCBA

Attendees will be able to counsel parents on 1. How much sleep children need at different ages 2. How to improve sleep independence by solving bedtime refusal, insomnia, and family bed 3. How to maintain good sleep health and habits

Dates & Locations:

- **Wednesday August 30, 2017 Port St. Lucie**

Tutto Fresco Restaurant, 9501 Reserve Blvd, Port St Lucie, FL 34986

And / Or

- **Tuesday, August 29, 2017 West Palm Beach**

West Palm Beach Marriott, 1001 Okeechobee Blvd, West Palm Beach, FL 33401

Schedule of Meeting: 5:40-6:45 Reception & Registration 6:45- 7:00 -Business Meeting
7:00 – 9:00 Dinner Program Back-to-School--It's Time to Sleep!

Schedule of Displays:

5:15 -5:45 P.M. Display Set-up

5:45-6:45 PM Displays Open - during Registration/Reception

6:45-7:00 PM Display breakdown & Reception (Attendees adjourn to CME meeting)

Prices: \$ 500.00 for one date/location display or \$ 600.00 for both locations/dates.

Display hosts are limited to 2 per paid display

Dinner is NOT part of the display fee

West Palm Beach Display Table will be approximately a card table size 5' x 30" Port St Lucie 30" x 30".

The Palm Beach County Pediatric Society is a non-profit, educational and social society that promotes child advocacy. Our society database includes over 350 Pediatricians, Pediatric Sub-specialists, Pediatric Dentists and Nurse Practitioners in Palm Beach County, Martin, St. Lucie, Indian River and Okeechobee counties. We present 3 educational dinner meetings annually; our average WPB meeting attendance is approximately 80-120 healthcare providers. We host one North/Treasure Coast Pediatric Society meeting each year that is a duplicate of one of our WPB meetings. Our attendance is approximately 20-30 for our Northern location meeting. We are offering Pharmaceutical, Pediatric Companies, Non-Profit Organizations and hospitals the opportunity to help underwrite the costs associated with our society by hosting displays during the reception portion of our business meetings. The displays will be available on a limited basis at each of our meetings. The Palm Beach County Pediatric Society requests a Display Donation of \$ 500.00 for each regular meeting held in West Palm Beach or \$ 600.00 for both of the meetings that we duplicate in the Northern counties. A limited number of displays will be discounted for SMALL non-profits as space and budget permit. Please call Susie Graham for details about the non-profit discount. The PBPS Florida FEI number is 65-0291746.

Please register and pay online! At PalmBeachPediatricSociety.org

Credit Cards accepted with your online registration, or pay by check.

Display Registration is limited to the first 15 paid displays.

If you have any questions, please call Susie Graham 561-371-0458, MJN Rep who volunteers her time to help.